

## **Transition Timelines**

### **3 to 5 Years Old**

- **Assign you child chores appropriate for his or her level of ability**
- **Encourage decision making skills by offering choices**
- **Teach consequences for your child's behaviors**
- **Begin asking your child what he/she wants to be when grown up**
- **Begin teaching your child self-care skills**
- **Contact necessary agencies that may provide support for your child and complete necessary paperwork (wait list can be long)**

### **6 to 11 Years Old**

- **Continue to assign your child chores at home**
- **Encourage hobbies and participation in community/recreational activities**
- **Take your child shopping and have them help with making purchases**
- **Continue to encourage decision making and teaching that choices and behaviors have consequences**
- **Continue to talk to your child about what he/she wants to do when grown up**
- **Contact appropriate agencies for support**

### **12 to 18 Years Old**

- **Continue to allow your teen help with chores**
- **Continue to teach self-help skills and skills related to health care**
- **Encourage your child to participate in IEP meetings and to understand his/her disability**
- **Explore career interests with you teen**
- **Help your teen to understand his/her disability and know strengths and weaknesses**
- **Help your teen be able to discuss what accommodations/modifications will help him/her be successful in the classroom**
- **Help your teen find work or volunteer opportunities**
- **Be aware of guardianship issues once your child becomes 18**

**18 to 21 Years Old**

- **Continue to encourage young adults to participate in IEP meetings**
- **Act as a resource and support your young adult**
- **Encourage your young adult to participate in support groups and/or organizations relevant to his/her special needs**
- **Finalize health care financing and medical care with your young adult**

**Resources**

**Hill Country MHDD 830-620-6221**

**DARS 830-620-6311**

**Catholic Charities Guardianship/and Money Mgmt 210-293-1009**

**For help with any government agency you can dial--211**