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# NBISD School Health Advisory Council 2021-2022 Annual Report

Karen Schwind BSN RN NCSN  
NBISD Director of Health Services

6/13/22





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# New Braunfels ISD

Membership approved by NBISD Board

## Community

- Parents: Elementary and Secondary
- High School Students
- Community Members include City, County, Substance Use Coalition
- NBISD Medical Director
- NBISD Board of Trustees Member

## NBISD Employees

- Food Service
- Curriculum
- Student Services
- School Nurses





NEW BRAUNFELS

# SHAC accomplishments

## Coordinated School Health

- Catch Curriculum
- Wellness and Sexual Health
- Youth Mental Health First Aid
- CPR for Students



Whole School, Whole Community, Whole Child (WSCC) Model

<https://www.dshs.state.tx.us/schoolhealth/csh/>





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# SHAC accomplishments

## Nutrition Services

- Seamless Summer 2021 operation
- 332,685 breakfasts
- 909,235 lunches to students

## Healthy Lifestyle PTA Program

- Appointed by Campus PTA
- Campus Healthy Lifestyles Teams
- SHAC representative

## Employee Wellness

- NB Strong:  
<https://www.nbisd.org/page/health.NBstrong>
- Vaccination Program fall '21 and spring '22
- Mental Health and Wellness Resources

## Community Connections

- Comal County Agrilife Extension Service
- Comal County Master Gardeners
- Mental Advocacy Partners (MAP)  
#LetsTalkComal





**NEW  
BRAUNFELS**

# SHAC Goals for 2022/2023

- Continue to support mental health training for students and staff.
- Evaluate Health Textbook options for elementary and secondary in collaboration with the Curriculum Department.
- Revisit Wellness and Sexual Health Curriculum in collaboration with the Curriculum Department.
- Increase parent and community membership.
- Update SHAC bylaws.





# NBISD SHAC

**Thank you for your support of the  
School Health Advisory Council and the  
Health of NBISD!**

SHAC Website: <https://www.nbisd.org/page/health.shac>  
[kschwind@nbisd.org](mailto:kschwind@nbisd.org)

