



*Home of the New Braunfels Unicorns!*

## **NEW BRAUNFELS INDEPENDENT SCHOOL DISTRICT**

New Braunfels ISD School Health Advisory Council  
Wednesday January 27, 2021 8:30 am

Join Zoom Meeting

<https://zoom.us/j/95381713684>

[Link to Agenda](#)

**Please sign into the chat with your name and campus or organization you represent.**

Present: Lesli Burk, Christy Gunter, Chastity Rocha, Gretchen McLain, Jennifer Ford, Boyd Baxter, Amy Alston, Emily Briggs, Melissa Powell, Jay Huffty, Stephanie Shropshire, Natalie Lillibridge, Susan Belanger, Kristi Ellis, Karen Schwind Mark Kosmo, Laura Dietert, Grace Masias, Bill Hathaway.

### **1) Welcome and Introductions** (if an NBISD employee, please register in [Eduphoria](#))

### **2) COVID-19 and School:** Karen Schwind and Dr. Emily Briggs, MD

- a) District Dashboard <https://sites.google.com/nbisd.org/nbisd-covid-19-dashboard/district-dashboard>
- b) Comal County Dashboard: [https://www.co.comal.tx.us/Public%20Health/Emergency\\_Preparedness/EP.htm](https://www.co.comal.tx.us/Public%20Health/Emergency_Preparedness/EP.htm)
- c) Comal County Website: [https://www.co.comal.tx.us/Public%20Health/Emergency\\_Preparedness/EP.htm](https://www.co.comal.tx.us/Public%20Health/Emergency_Preparedness/EP.htm)  
<https://www.co.comal.tx.us/PIO/PressReleases/2021/01.25.21%20COVID19%20PRESS%20RELEASE.pdf>
- d) Vaccine Availability: Comal County - 1.26.21 - Comal County has launched a Standby List for residents interested in receiving a COVID-19 vaccine. Vaccine doses are very limited. Residents on the Standby List will be contacted to schedule an appointment as the vaccine becomes available. - [Register Here](#)
- e) Guadalupe County - [1.20.21 City, County & GRMC Submit Joint Mass Vaccine Plan to Texas Department of State Health Services](#)
- f) Vaccine Allocation: <https://dshs.state.tx.us/news/updates/COVIDVaccineAllocation-week7.pdf>

### **3) Dr Briggs spoke about the two vaccines, Moderna and Pfizer, that are being offered at this time. She stated that both vaccines are made with messenger RNA. She stated that it cannot go into the nucleus of the cell and it cannot change your DNA. They both have an efficacy of 94-95% and are a 2 dose series. Moderna is the main vaccine being distributed in NewBraunfels. It has to be used within 6 hours after opening the vial. There are approximately 10 doses/vial. The second dose is to be given after 28 days. Pfizer has to be kept frozen in an ultra low freezer. This second dose is given after 21 days. Dr Briggs states that 59 Providers offered to provide the vaccine in NB but only 16 Providers received it. There is currently a list of people waiting to be vaccinated at this time. Dr. Briggs said they are hoping to set up a “hub” or vaccine clinic site for more people to be vaccinated. Janssen vaccine is the 3rd Covid 19 vaccine in production. It will be a one time dose. Dr. Briggs did stress that even after receiving your Covid 19 vaccine you still need to wear a mask and social distance!**

### **4) Child Nutrition Department**

- a) Introduction: Bill Hathaway; New plans for marketing, reset at high school. We provide 3745 students, over 15,000 meals for elementary students for weekends. They pick up sack lunches Friday afternoon for Sat and Sun. Gateway students help with bagging lunches for the

elementary schools.

**5) School Gardens:** Stephanie Shropshire shared that they are weekly videotaping what's happening in the garden. This will help educate students virtually. Virtual videos on what you can do with the vegetables. Training for teachers on plans to make spring more active!

**6) PTA Healthy Lifestyles Newsletter:** <https://t.e2ma.net/message/e94ued/y4akpg>

## **7) Read Report on Middle and High School Student Tobacco Use**

Tobacco use is the leading cause of preventable disease and death in the United States, but did you know that nearly all tobacco use begins during youth and young adulthood? For more information, [read the Morbidity and Mortality Weekly Report from the Centers for Disease Control and Prevention](https://www.cdc.gov/mmwr/volumes/69/wr/mm6950a1.htm). <https://www.cdc.gov/mmwr/volumes/69/wr/mm6950a1.htm>

## **8) Increase Access to Drinking Water in Schools**

Did you know that one in five children and adolescents do not drink any water during the day, and about half of school-aged children are underhydrated? Schools play an important role in promoting water. The Centers for Disease Control and Prevention developed a series of professional development microlearning modules (each video lasts less than five minutes) addressing water access in schools. [Watch the videos](#).

## **9) January Is National Human Trafficking Prevention Month**

Human trafficking is a crime that involves force, fraud, or coercion. It aims to make a person perform services, labor or sex. It affects men, women and children of all economic classes. [Watch the 52-minute "Be The One" video from the Texas Attorney General](#). You also can visit the [Texas Human Trafficking Resource Center](#).

## **10) Get a Salad Bar in Your School**

Does your school have a salad bar? If not, apply for a grant from Salad Bars to Schools. Applications are accepted year-round and are reviewed in the order they are received. It may take up to 12-14 months to fund a school salad bar. To qualify, the salad bar must be part of the reimbursable meal served in your district. [See the application guidelines](#).

## **11) The [2021 Say What! Summit](#) season**

is finally here and it's going virtual! This year, we will be hosting five different summits dedicated to stopping the youth vaping epidemic and creating the first nicotine-free generation. Each summit is free and will take an in-depth look at the deceptive and manipulative tactics the tobacco industry has used to create the youth vaping crisis. Summits will be led by the Say What! Teen Ambassadors and will feature expert guest speakers discussing the connection between vaping and COVID-19, why tobacco is a social justice issue and how you can help create justice, the tobacco industry's dirty strategies when targeting youth and various communities, public policy, and how you can be the ultimate advocate for youth tobacco prevention. Summit participants will receive:

- A downloadable vaping prevention project from each summit.
- An opportunity to receive community service hours from each summit.
- A commemorative summit t-shirt and lanyard.

- Opportunities to connect with others, play games, and more

**Virtual Summit Topics & Dates Registration:** <https://forms.txssc.txstate.edu/saywhat-summits/2021-virtual-reg/form>

- **Vaping & COVID-19** – Saturday, February 20, 2021
- **Tobacco: A Social Justice Issue** – Saturday, March 6, 2021
- **Big Tobacco’s Dirty Tricks** – Saturday, March 27, 2021
- **Becoming a Youth Tobacco Prevention Advocate** – Saturday, April 10, 2021
- **Being a Youth Tobacco Prevention Advocate** – Saturday, April 24, 2021

**12) TEA reporting data:** <https://dshs.texas.gov/coronavirus/schools/texas-education-agency/>

**13) Next Meeting:** 8:30 am April 28, 2021