



Home of the New Braunfels Unicorns!

NEW BRAUNFELS INDEPENDENT SCHOOL DISTRICT

New Braunfels ISD School Health Advisory Council
Wednesday September 30, 2020 8:30 am

Join Zoom Meeting

<https://zoom.us/j/93974996839>

[Link to Agenda](#)

Members present:

Tara Daily, Melissa Powell, Ashley West, Kristi Ellis, Connie Sheppard, Rachel Hall, Gretchen McLain, Amy Alston, Grace Masias, Angela Burton, Kelsey Fuller, Stephanie Shropshire, Sara Bintrim, Chastity Rocha, Vickie Adams, Susan Belanger, Jennifer Ford, co-chair, Clay Gillentine, Mary Coronado, Kelsey Boyd, Shaylyn Hoffman, Karen Schwind co-chair, Melissa Leos, Emily Briggs.

- 1) Welcome and Introductions Please sign into the chat with your name and campus or organization you represent. (if an NBISD employee, please register in [Eduphoria](#).)
- 2) COVID-19 and School: Dr. Briggs and Karen Schwind. *Statistics on COVID and district dashboard shared. Dr Briggs gave a shout out to school nurses, teachers, and faculty for keeping everyone safe! Community positivity rate is low due to wearing masks and social distancing. NBISD started a strategic planning committee beginning in May to implement protocols to reduce covid exposures. Clay Gillentine stated to keep doing what we're doing because it appears to be working!*
- 3) Child Nutrition Department updates: Ashley West
 - a) Introduce Sara and Robert Sara is the acting food service director, Robert is the assistant food service director
 - b) Universal free meals went into effect: *all students can eat breakfast and lunch for free Remote site at child nutrition warehouse. Free meals are for the community, not just NB students. Meals should continue through December or until funding runs out. New Braunfels ISD in partnership with TDA and USDA have been allowed to serve free meals via our Summer Feeding option for all children in the community under 18. Free meals will be available until the end of December or until UDA funds run out. This means all students are available to receive free breakfasts and lunches regardless of economic status. Students currently participating in in-person learning will be able to receive meals as normal through the lunch lines. Virtual learners and other children in the district are able to receive meals through our curbside service located at 566 Butcher Street. Parents are still able to pick up meals for their students without them being in the car, they will just need to provide proof with a letter from the school about the student, student ID, or birth certificate.*
 - c) How we are keeping the students safe in the cafeteria- *all staff fill out a questionnaire every morning and take their temperature. They have strict handwashing procedures and sanitizing work spaces. Must wear a face covering at all times. Students scan ID underneath the barcode to prevent contact.*
 - d) *Our new menu- Nutrislice app*

Every food item is wrapped. If a student touches an item they either take it or it is removed from the food line.

- 4) Texas Agrilife: Rachel Hall- 4H Program Assistant, rachel.hall@ag.tamu.edu,
<https://comal.agrilife.org/youthgardens/>
As of now NB has six schools participating
 - a) School Gardens, Stephanie Shropshire- Master gardener contact- youthed@comalmg.com
 - b) [Healthy School Recognized Programs](#)
 - c) Youth Gardens Resources Page <http://counties.agrilife.org/comal/youthgardens/>
Programs include Walk across Texas, Diabetes Health, Youth gardens site, and Space.
Submitted in chat by Rachel:
rachel.hall@ag.tamu.edu
Master Gardener Email: youthed@comalmg.com
830-620-3440
<https://comal.agrilife.org/youthgardens/>
Committed: Lonestar Early Childhood Center, Carl Schurz Elementary, Lamar Elementary, Walnut Springs Elementary, Oak Run Middle, Gateway Transition
Not sure: Voss Farms Elementary, Memorial Elementary, Veramendi Elementary
(Any other schools not listed we have not heard from yet.)
- 5) Update: Bill Barry Substance Awareness Coalition of Comal County, Red Ribbon Week (not present)
Amy Alston with Comal County Community Coalition shared that the US Air Force Band of the West will have a free virtual concert during the week of red ribbon week. Contact Master Sgt John Garcia @ band.media@us.af.mil
Amy shared Boyd Baxter with Comal County Comm. Coalition's email - bbaxter@sacada.org
- 6) Bully Prevention Month October. **Unity Day October 21, 2020**
- 7) Schedule of meetings: Time of 8:30 am
September 30, 2020
November 18, 2020
January 27, 2021
April 28, 2021

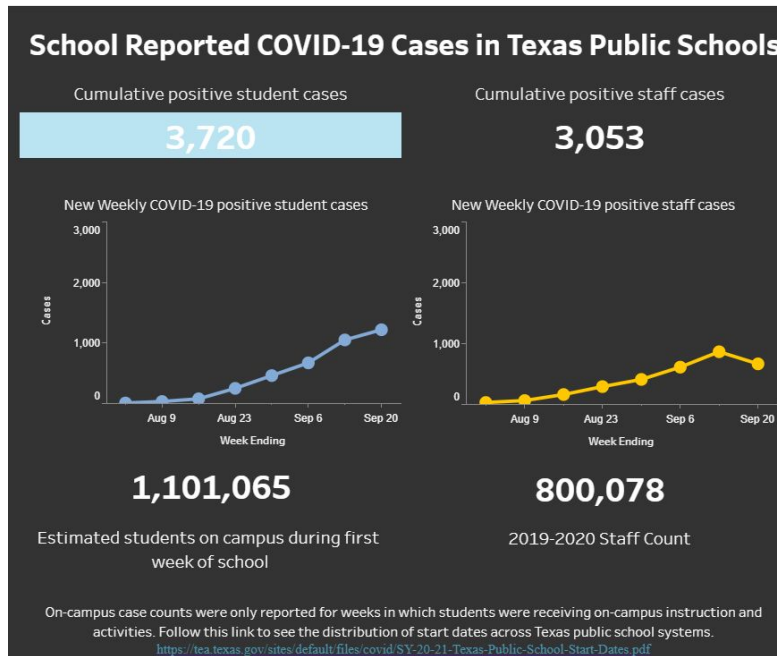
Resources:

- **From the CDC:** [Considerations for Outdoor Learning Gardens and Community Gardens](#)
- The Texas Department of State Health Services (DSHS) has added vaping to our website at <https://dshs.texas.gov/vaping/>
- Back to School Tool kit: <https://api.healthiergeneration.org/resource/693>
- Healthy at Home Tool kit: <https://www.healthiergeneration.org/app/resources/454>

- **Bully Prevention for Parents: Bullying Prevention for Parents**, led by Kerry Gallagher, Director of K-12 Education at Connect Safely, that we are hosting virtually on October 7th, from 3pm - 4.30pm ET. Please share this webinar with your community and interested parents and family members! This webinar for parents will define what bullying is and isn't and help parents understand the nature and impact of bullying on children both in person and online. We will discuss how to help prevent bullying

and what to do if your child witnesses, engages in, or experiences bullying whether it is in person, while socializing online, or during virtual instruction. [Register Here!](#)

- [It's Imperative! Headline to Homework – Sustainable Ways to Keep Current Events in the Classroom](#) October 20: 9 pm BST/4 pm Eastern/ 3 pm Central/2 pm Mountain/1 pm Pacific [Register Here](#)
- TEA reporting data: <https://dshs.texas.gov/coronavirus/schools/texas-education-agency/>



It is World Heart Day

Lower your risk of heart disease

- Eat good nutrition, like fruits, veggies, and whole grains
- Exercise for 30 minutes, 5 days a week
- Avoid tobacco products
- Limit alcohol

TEXAS Health and Human Services | Texas Department of State Health Services

- Learn how to take charge of yours: <https://bit.ly/2AeHs6d>